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--Rahima Baldwin

Dancy, midwife

and author of You

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First Teacher

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Motherhood is a

heroine's journey,

illuminating the

wisdom of the

divine feminine.

Beginning with 'The

Call, ' women are

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invited to follow a sensory-rich rhythm through the seasons, accompanied by essential allies--Trust, Intuition, Sisterhood, and more--and offered gentle opportunities for healing along the way.

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belonging to  
something greater,  
a group to draw  
inspiration from  
during the journey  
of many ups and  
downs of  
motherhood.

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is a catalyst for  
mothers to find  
their way. It serves  
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journal for mothers

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and sacred task of  
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themselves. It will  
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the reality that this  
is your spiritual life  
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arguing with your  
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and come back to them over time. There are sections for each season and one lesson or soul prompt is provided for each week of the year. It is OVERFLOWING with inspirational photos, projects, & pairings.

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training is designed for soul sisters who are called to support women in their communities on the journey of motherhood. Learn to lead Sacred Motherhood Circles, to sow inspiration and intention into the heart of motherhood. The



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training is divided An

into four parts: Inspirational

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illuminating the

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divine feminine. An  
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Call,' women are  
invited to follow a  
sensory-rich  
rhythm through the  
seasons,  
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essential  
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opportunities for  
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with another pile of

laundry or muddy

tracks across the

living room rug,

mothers can easily

lose track of their

deeper purpose.

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seeking to fulfill  
their soul's work  
while  
simultaneously  
raising future  
generations,  
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themselves. It will  
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the reality that this is your spiritual life—every moment of every day, whether you are at the grocery store, changing diapers, arguing with your partner, snuggling with your baby, or dyeing your teenager's hair pink. Greet the moments when you



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fall down as  
awakening  
opportunities,  
every bit as holy  
and powerful as  
the moments you  
can drop in and  
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mundane, Sacred  
Motherhood is both  
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and then return to Guide And  
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life. For fifty-two  
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chapters illuminate subjects that are likely to arise as the mothering journey unfolds, and present thoughtful prompts and helpful reminders relating to you, your soul, and your child.

In today's western cultures, the

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typical pregnancy  
focuses on the  
baby to the  
exclusion of the  
woman herself, so  
that the entire  
experience has  
become more  
about preparing for  
the baby's arrival  
than looking  
closely at oneself  
to prepare  
emotionally for all

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of the changes that creating a new life brings. Sacred Pregnancy was written to help the pregnant woman journey within herself to prepare for the birth of her baby. Sacred Pregnancy is a gorgeous four-color book especially created for

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Mothers-to-be to  
reflect on the many  
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milestones of the  
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Pregnancy also  
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such as sexuality, fears about labor, becoming a mother, courage, rite of passage, adornment, body image, meditation, and sisterhood to name a few.

Mothers-to-be are invited to look deeply at the issues unique to their journey and



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find a centered, An  
peaceful place to  
live their  
pregnancy fully.

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prompts for  
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invite both  
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personal reflection  
and soul  
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knows, the intense  
high that  
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can fade over time  
unless the  
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receives proper  
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Relationship shows  
how intentional  
love brings more



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by the wisest Inspirational  
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these volumes, Ages  
your personality  
will subconsciously  
pick out the most  
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and proverbs to  
you and you alone.



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example. The aim of this huge collection of human wisdom is enlightenment: to assist the readers in realizing what is truly important in life, as well as to find their true self; to shatter the illusions that everyone builds for themselves

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then limit yourself  
to a single volume.  
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master your true  
purpose, then

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when her daddy  
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MAMMA "Annette's first book is a winner! She picked the perfect subject – her irrepressibly joyous mother, who has given her daughter important and inspiring words of wisdom to cherish. If you yearn to help your daughter navigate life experiences

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## PDF Sacred

with assurance and  
spunk, give her The  
Gospel According  
to Mamma.”

—Mary Jo Beebe,  
coauthor of Jesus’  
Healings and New  
Testament

Healings “If only  
there were more  
mothers like

Annette Bridges’  
mamma: always  
encouraging,

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always believing An  
the best of her  
children, a 'steel  
magnolia' whose  
motherly advice is  
based on the Bible  
and common  
sense.

Remembering All  
events in her own  
past, Annette gives  
us 21 valuable life  
lessons based on  
the wisdom of her

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indefatigable An  
Southern  
mamma.” –Renee  
Corley, former  
editor at UPI’s religi  
onandspirituality.co  
m “Once you get to  
the end of reading  
about Mamma and  
her wonderful  
lessons, you will  
walk away a little  
wiser. Annette puts  
life in perspective.

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She lives a fulfilling life, just as her Mamma taught her. Whether to find your faith, believe in your self or master the ability to see the good in others, Mamma lessons help you find the positive. There is much to learn from these strong and

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inspiring women." —

SingleMom.com

"A look into the heart and soul of Annette Bridges. It

could be anyone's story, but it

couldn't be told any better." —Bob

Belcher, Managing Editor, Corsicana

Daily Sun "For anyone who has ever had a mother

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(and you know who you are), synthesizing that experience can leave many of us speechless. It is 'good news' that Annette Bridges is at no loss for words. She liberally shares her mom's gospel in deep drafts of down-to-earth good sense

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and faith, liberally  
laced with  
Southern humor.”

—Susan J. Cobb,  
author of *Virgin  
Territory: How I  
Found My Inner  
Guadalupe*

“Irresistibly  
heartfelt. Perfect  
for all mothers and  
daughters, past,  
present and  
future!” —Jennifer



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Bridges, author's daughter and Ph.D. student "I have been hearing stories about Nellie, Annette's Mamma for the last 25 years. Annette makes you feel like you are sitting down with her in her ranch house or on that beach she talks about going

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to while she shares  
her Mamma with  
you from her  
perspective, with  
the insights she  
has gained over  
her lifetime. I hope  
you enjoy getting  
to know Nellie and  
Annette, 2 Georgia  
peaches  
transplanted to  
Texas. I love the  
way Annette brings

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the Bible into her  
daily life and  
shares it with us so  
that we can feel  
the love of God  
that is so present  
today in her life  
and illustrates how  
the Bible can show  
us how to go in  
ours. Way to go  
Girlfriend... you  
finally did it! You  
wrote a book and

## Bookmark File

## PDF Sacred

it's a winner! I can't wait to share this with my family and friends!"

—Kathy Glover,  
friend to both  
Annette and her  
mamma

## Children Of All

Two years before adopting seven-year-old Keydell from a group home for young boys,

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Kim made a vow before the Dalai Lama to become a bodhisattva: one who cultivates an enlightened mind, is free from delusion, and practices kindness and compassion above all else.

However, she struggles with this practice as her new

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son's challenged An  
mind sends him  
into fits of rage and  
violence, while  
seemingly allowing  
him to feel no  
remorse for his  
actions. His  
behaviors go  
against everything  
Kim believes in, but  
she is determined  
to keep her  
chocolate-eyed boy

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safely in the home  
she has created  
with her husband  
and two biological  
children. As she  
tries everything  
she can to get  
Keydell the help he  
needs, she must  
also learn to accept  
him exactly as he  
is: a tiger in the  
home of elephants.  
This vulnerable and

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touching account An  
highlights the  
interplay between  
desire and reality,  
denial and  
acceptance,  
struggle and  
enlightenment. As  
the minds of this  
mother and her  
extraordinary son  
awaken - Kim's  
through her  
Buddhist practice,



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and Keydell's An

through the

science of

neurofeedback -

we witness the

power of love and

compassion to

overcome even the

greatest odds."

Ages

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*Page 105/105*