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Dr. Thompson is Professor of Nutrition and the Director of the

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Nutrition Program at Weber State University, where she has been for 27 years. Because the Department of Nutrition is housed in the School of Health and Human Performance, Dr. Thompson has had the opportunity to reach out to young adults and share sound strategies for promoting lifelong good health.

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Jennifer Turley and Joan Thompson greatly improved outcomes in their classes and they understand the way today's students learn. They incorporate varied learning styles into an approach that encourages engagement, critical thinking, and self-analysis. Reinforcing concepts for students, saving time for instructors, and providing analytics across course sections, the integrated assessments include homework, case studies, crossword puzzles, exams, and more. This flexible and easily customized solution enables you to focus on what you do best - teaching! Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

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