

# Read PDF Chi Nei Tsang li

## **Chi Nei Tsang Ii**

This is likewise one of the factors by obtaining the soft documents of this **chi nei tsang ii** by online. You might not require more era

# Read PDF Chi Nei Tsang li

to spend to go  
to the book  
commencement as  
skillfully as  
search for them.  
In some cases,  
you likewise  
reach not  
discover the  
statement chi  
nei tsang ii  
that you are  
looking for. It  
will

# Read PDF Chi Nei Tsang li

unconditionally  
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However below,  
following you  
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to get as with  
ease as download  
guide chi nei  
tsang ii

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It will not  
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become old as we  
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You can do it  
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and even in your  
workplace.  
therefore easy!  
So, are you

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question? Just  
exercise just  
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with the money  
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capably as  
review **chi nei  
tsang ii** what  
you past to  
read!

**Summer Retreat  
2019 week 6 day  
2 (13.08.2019):**

*Page 5/94*

# Read PDF Chi Nei Tsang li

**Chi Nei Tsang II**

*Chi Nei Tsang I:*

*Lung Detox by*

*Jutta*

*Kellenberger*

*Mantak Chia*

*explain the Chi*

*Nei Tsang II:*

*Chasing the*

*Winds Mantak*

*Chia DVD Chi Nei*

*Tsang II Clip 1*

---

Mantak Chia, Chi

Nei Tsang Micro-

# Read PDF Chi Nei Tsang li

current with  
Solla Pizzuto

~~Mantak Chia~~

~~European Fall~~

~~2019 Chi Nei~~

~~Tsang li in~~

~~Lausanne,~~

~~Switzerland~~

~~31.10.19 Mantak~~

~~Chia European~~

~~Fall 2019 Chi~~

~~Nei Tsang li in~~

~~Lausanne,~~

~~Switzerland~~

# Read PDF Chi Nei Tsang li

31.10.19 Summer  
Retreat 2019  
Week 6 day 1:Chi  
Nei Tsang II,  
Golden Elixir  
Chi Kung  
(Certification)

12.08.19 Chi Nei  
Tsang I: Liver  
Detox by Jutta  
Kellenberger  
Summer Retreat  
2019 week 6 day  
4 (15.08.2019):



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## **Chi Nei Tsang II**

~~Yoga, Tantra,~~

~~Chi Nei Tsang~~

~~\u0026 Bliss~~

~~with Satyama~~

~~Episode 7 Mantak~~

~~Chia, Chi Nei~~

~~Tsang Micro~~

~~current with~~

~~Solla Pizzuto~~

*Mantak Chia:*

*Techniques to*

*Activate The*

*Second Brain*

# Read PDF Chi Nei Tsang li

What is Cosmic  
Inner Smile? *CHI  
NEI TSANG  
AUTOMASSAGE DU  
VENTRE QUOTIDIEN  
- AVEC AISHA  
SIEBURTH*  
~~Transforming  
Negative  
Emotions FREE  
Course, Grand  
Master Mantak  
Chia Testicular  
and Ovarian~~

# Read PDF Chi Nei Tsang li

Breathing by  
Mantak Chia  
Opening the wind  
gate using  
Qigong Cleanse  
routine! Chi Nei  
Tsang (Taoist  
Abdominal  
Massage) To  
Promote  
Digestion What  
is Microcosmic  
Orbit? (By  
Mantak Chia) Chi

# Read PDF Chi Nei Tsang li

Nei Tsang 11

08.08.2020 How  
to Activate the  
Immune System by  
Mantak chia

Mantak Chia Chi

Nei Tsang III

Muscle Tendon

Meridian with

Solla Pizzuto

Chi Nei Tsang

II: Open the

Winds Gates

Summer Retreat

# Read PDF Chi Nei Tsang li

~~2019 week 6 day  
5 (16.08.2019):  
Chi Nei Tsang II  
Summer Retreat  
2019 Week 6 day  
1 Chi Nei Tsang  
II, Golden  
Elixir Chi Kung  
Certification 12  
08 19 Chi Nei  
Tsang with Dr.  
Keith @AgapeHeal  
ingArts Mantak  
Chia # Present~~

# Read PDF Chi Nei Tsang Ii

you to his books  
product the name  
: Chi Nei Tsang  
I Chi Nei Tsang  
II november 2018  
v Bratislave

Mantak Chia #

Chi Nei Tsang :  
Internal Organs  
Massage Present

By Mrs. Uraiwan

**Chi Nei Tsang Ii**

In addition to  
improving

# Read PDF Chi Nei Tsang li

overall health  
and vitality,  
Chi Nei Tsang II  
Massage can help  
with: Digestive  
problems, such  
as irritable  
bowel syndrome,  
bloating and  
constipation;  
Detox through  
elimination of  
toxins in the  
gastrointestinal

# Read PDF Chi Nei Tsang li

tract and  
promoting  
lymphatic  
drainage

**Chi Nei Tsang  
Massage II with  
Certification &  
Elixier Chi ...**

Main Chi Nei  
Tsang II. Chi  
Nei Tsang II  
Mantak Chia.  
Mantak Chia's



# Read PDF Chi Nei Tsang li

book

demonstrates how  
to create a  
healthy flow of  
energy,  
particularly  
focused on the  
abdominal and  
navel area,  
referred to as  
the Navel  
Center.

Categories: Medi  
cine\\Chinese

# Read PDF Chi Nei Tsang li

Medicine. Year:  
2000. Publisher:  
Universal Tao  
Publications.  
Language:  
english. Pages:  
...

**Chi Nei Tsang II**  
**| Mantak Chia |**  
**download**

In addition to  
improving  
overall health

# Read PDF Chi Nei Tsang li

and vitality,  
Chi Nei Tsang II  
Massage can help  
with: Digestive  
problems, such  
as irritable  
bowel syndrome,  
bloating and  
constipation;  
Detox through  
elimination of  
toxins in the  
gastrointestinal  
tract and

# Read PDF Chi Nei Tsang li

promoting  
lymphatic  
drainage

**Chi Nei Tsang II  
- Chasing the  
Winds with  
Certification**

...

Chi Nei Tsang is  
a Chinese term  
for the internal  
organ Chi  
massage that

# Read PDF Chi Nei Tsang li

helps clear out  
toxins, bad  
emotions and  
excessive heat  
or heat  
deficiencies  
that cause the  
organs to  
dysfunction.

**Chi Nei Tsang I  
& II and HL in  
Slovenia | Pure  
TAO Connection**

*Page 21/94*

# Read PDF Chi Nei Tsang li

Chi Nei Tsang:  
Internal Organs  
Chi Massage".  
The emotions and  
"Winds"  
accumulate in  
the abdominal  
and navel area.  
CNT II teaches  
how to release  
the negative  
"Winds" and  
"Sweep" them out  
to...

# Read PDF Chi Nei Tsang li

## **Mantak Chia explain the Chi Nei Tsang II: Chasing the Winds**

Chi Nei Tsang is  
a Chinese term  
for the internal  
organ Chi  
massage that  
helps clear out  
toxins, bad  
emotions and

# Read PDF Chi Nei Tsang li

excessive heat  
or heat  
deficiencies  
that cause the  
organs to  
dysfunction.

**Taoist Healing  
Arts: CNT I, II  
and CH | Pure  
TAO Connection**

Opening the Wind  
Gates from Chi  
Nei Tsang II: In



# Read PDF Chi Nei Tsang li

this practice  
we'll make  
"traps" for the  
winds. One trap  
is created by  
using the "elbow  
in the navel". A  
sec...

**Chi Nei Tsang  
II: Open the  
Winds Gates -  
YouTube**

Developed by the  
*Page 25/94*

# Read PDF Chi Nei Tsang li

White Cloud  
Taoist Monks in  
ancient China,  
Chi Nei Tsang is  
a holistic  
approach to the  
healing touch  
modality. It  
integrates the  
physical,  
mental,  
emotional and  
spiritual  
aspects of our

# Read PDF Chi Nei Tsang li

being. CNT goes to the very origin of health problems, including psychosomatic and emotional responses.

**What is Chi Nei Tsang? | CNTI**  
Chi Nei Tsang, or CNT, is an ancient form of

# Read PDF Chi Nei Tsang li

detoxifying,  
energizing,  
abdominal  
massage. It  
blends Chinese  
and Thai massage  
and meditation  
techniques,  
making it truly  
different from  
any other  
healing  
modality. read  
more! How does

# Read PDF Chi Nei Tsang li

it work?

**Chi Nei Tsang  
Massage : Chi  
Nei Tsang  
Training : World**

...

Chi Nei Tsang in  
itself is so  
powerful that  
indigenous  
peoples,  
Hawaiians, have  
told me 'This is

# Read PDF Chi Nei Tsang li

the abdominal  
work we have  
lost'. In my  
personal  
experience of  
the world of  
healing-  
including the  
best and most  
famous- plus  
ancient wisdom  
shamanism-  
nothing comes  
close to the

# Read PDF Chi Nei Tsang li

power of Gilles'  
hands-on  
sessions,  
writings and  
teachings.

## **Chi Nei Tsang Institute / TaoTouch**

Chi Nei Tsang is  
a system of  
holistic  
approach to  
health. It goes

# Read PDF Chi Nei Tsang li

deep to the very  
origin of health  
problems,  
complementing  
Reflexology,  
Psychology,  
Reiki, massages,  
and other  
similar  
therapies.

However, unlike  
most practices  
which use  
indirect methods



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to influence the  
internal organs,  
Chi Nei Tsang  
directly  
massages them.

**Chi Nei Tsang -  
Healing  
Abdominal  
Massage - Orion  
Retreat ...**

Chi Nei Tsang  
este o tehnic?  
de masaj

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terapeutic  
chinezesc prin  
care folose?ti  
energia (Chi) ca  
s? vindeci  
organele interne  
(Nei Tsang). Ca  
terapeut CNT  
lucrezi asupra  
abdomenului, în  
special în jurul  
ombilicului ?i,  
prin presiune,  
direct asupra

# Read PDF Chi Nei Tsang li

organelor  
interne în  
scopul  
echilibrării  
energiilor  
acestora.

**Curs masaj  
terapeutic Chi  
Nei Tsang,  
nivelul I -  
Simplificat**

It is important  
to teach your

# Read PDF Chi Nei Tsang li

students to do  
Chi Nei Tsang II  
on them-selves  
between  
sessions. At the  
end of the  
session point  
out to them the  
areas that were  
particularly  
tight or  
congested; it is  
impor-tant that  
they continue to

# Read PDF Chi Nei Tsang li

work on  
releasing them  
at home. Show  
them how to work  
on themselves  
using their  
fingers with  
their hands

**BL29 Chi Nei  
Tsang II - sc667  
45263a1dff27.jim  
content.com**

Chi Nei Tsang II  
*Page 37/94*

# Read PDF Chi Nei Tsang li

uses the elbow  
Technique,  
working  
primarily with  
the trapped  
winds of the  
body. These can  
become sick or  
evil winds which  
can lead to  
heart attack if  
not released.  
The student will  
learn about the

# Read PDF Chi Nei Tsang li

Twelve Winds,  
how to chase and  
discharge them  
from the body  
and how to  
inject good Chi  
back into the  
vital organs and  
glands.

**Jutta: Chi Nei  
Tsang Massage II  
with  
Certification**

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•••

Chi Nei Tsang  
Official Site  
Tao Garden  
Health Spa &  
Resort 274 Moo  
7, Luang Nua,  
Doi Saket,  
Chiang Mai,  
50220 Thailand  
Telephone: +66  
(0)53 921 200,  
+66 (0)53 495  
596 to 9 Fax:



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+66 (0)53 495  
852 - 3

Information for  
Mantak Chia  
training email:  
universaltao@uni-  
versal-tao.com  
Information for  
Health Resort  
emails reservati-  
ons@tao-  
garden.com

**Chi Nei Tsang**

*Page 41/94*

# Read PDF Chi Nei Tsang li

## **Certification Requirements**

Hands-on  
Techniques for  
Detoxifying and  
Rejuvenating the  
Vital Organs Chi  
Nei Tsang II is  
an art that  
evolved in an  
era when there  
were few  
physicians and  
"self-healing"

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was a way of  
life. CNT II  
will guide you  
deeper into the  
rib cage,  
abdomen and  
Navel Center  
teaching to use  
the elbow and  
knuckle  
techniques.

**Chi Nei Tsang II**  
**- Healing Tao**

*Page 43/94*

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## **USA**

International  
Training Massage  
School (ITM) Ams  
terdam: Located  
just a short  
walk from  
Amsterdam city  
center,  
International  
Training Massage  
(ITM) School and  
Thai Hand Yoga  
Center Amsterdam

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is a traditional health center that offers professional courses, classes, workshops, treatments and retreats to local students and students from around the world. Our graduates

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receive  
certificates  
that are ...

## **Massage Cursus A msterdam, Holland training courses in Thai ...**

Therapeutic  
Massages based  
on ancient  
traditional thai  
healing-medical  
systems focused

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on acupressure  
and sen lines.  
Deep Tissue  
Massage, Sport  
Massage,  
Traditional Thai  
Yoga Massage  
(Nuad Bo Rarn),  
Traditional Thai  
Massage (Wat  
Po), Therapeutic  
Massage, Thai  
Abdominal  
Massage (Chi Nei

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Tsang), Aroma  
Therapy Massage,  
Reflexology,  
Thai Chair  
Massage.

**Samaria Massage  
Therapy,  
Stadionweg 283  
(2020)**

Chi Nei Tsang  
clears out the  
toxins, bad  
emotions, and



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excessive heat-  
or heat deficien-  
cies-that cause  
the organs to  
dysfunction by  
directing chi  
thru the abdomen  
and meridian  
channels of the  
body.

With the Taoist

*Page 49/94*

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abdominal  
massage Chi Nei  
Tsang© you get  
to know and  
understand  
yourself better.  
The own body  
feeling is  
developed, and  
physical, mental  
as well as  
well as mental  
tensions are  
loosened. This

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book builds on the basics of Chi Nei I. It describes how so-called "sick winds" arise and lead to certain patterns of illness. 12 of these winds are described in their effects and it is explained in

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detail how to  
release and  
discharge them  
from the body in  
a combination of  
activating  
pulses by  
pumping and by  
pressing  
selected  
acupuncture  
points. The  
symptoms  
disappear and

# Read PDF Chi Nei Tsang li

the affected  
organs recover.  
In addition, you  
will learn  
about: - The  
origin of human  
life from a  
Taoist  
perspective -  
Presentation and  
description of  
the different  
stages of Chi  
Nei Tsang©

# Read PDF Chi Nei Tsang li

according to  
Grandmaster  
Mantak Chia -  
Detailed  
description and  
illustrated  
instructions for  
the technique of  
pumping and  
pressing  
selected body  
points -  
Detailed  
description of

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how to perform a  
Chi Nei Tsang II  
session -  
Description of  
important  
complementary  
exercises Mantak  
Chia is the  
founder of the  
Universal  
Healing Tao  
System and one  
of the most  
important

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contemporary  
teachers in the  
field of Taoist  
health  
maintenance.

Mantak Chia has  
been teaching  
the Chi Nei  
Tsang© for more  
than forty years  
and has  
continuously  
developed his  
massage system



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during this  
time.

Chi Nei Tsang is  
a Taoist  
visceral  
manipulation  
body-work and  
massage which  
emphasizes  
moving chi  
energy to the

# Read PDF Chi Nei Tsang li

abdominal  
organs.

Developed by  
Taoist Master  
Mantak Chia as  
part of his  
Healing Tao  
System, it works  
on internal  
dysfunctions and  
energy blocks  
using the  
breathing  
exercises of chi-

# Read PDF Chi Nei Tsang li

kung,  
therapeutic  
manipulations,  
and meditation.  
Students learn  
how to recycle  
negative energy,  
recognize  
personal  
patterns of  
tension, and use  
simple  
manipulations to  
restore vitality

# Read PDF Chi Nei Tsang li

to parts of the  
body.

An ancient  
Taoist system  
for detoxifying  
and rejuvenating  
the internal  
organs •

Presents  
techniques to  
clear blockages  
in the body's  
energy flow •

# Read PDF Chi Nei Tsang li

Includes  
illustrated  
exercises to  
relieve common  
ailments,  
revitalize the  
organs, and  
enable readers  
to take charge  
of their own  
health and well-  
being • Focuses  
on the navel  
center, where

# Read PDF Chi Nei Tsang li

negative  
emotions,  
stress, and  
illness  
accumulate The  
techniques of  
Chi Nei Tsang  
evolved in Asia  
during an era  
when few  
physicians were  
available and  
people had to  
know how to heal

# Read PDF Chi Nei Tsang li

themselves. Many people today have symptoms that modern medicine is not able to cure because a physical source for the problem is not easily found. The energies of negative emotions,

# Read PDF Chi Nei Tsang li

stress, and  
tension--all  
common in modern  
life--and the  
weight of past  
illness  
accumulate in  
the abdominal  
center, causing  
energy blockages  
and congestion.  
When this  
occurs, all  
vital functions



# Read PDF Chi Nei Tsang li

stagnate and  
myriad problems  
arise. By  
practicing the  
techniques of  
Chi Nei Tsang,  
this stagnation  
is removed and  
the vital organs  
surrounding the  
navel center are  
detoxified and  
rejuvenated.

Master Chia

# Read PDF Chi Nei Tsang li

teaches readers  
how to avoid  
absorbing  
negative  
energies from  
others and take  
full charge of  
their health  
through the self-  
healing  
techniques of  
Chi Nei Tsang.  
He offers fully  
illustrated

# Read PDF Chi Nei Tsang li

exercises that show how to detoxify the internal organs and clear the energy (chi) channels throughout the body. He also presents methods for balancing emotions, managing stress, and observing

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the body in  
order to  
recognize,  
ameliorate, and  
prevent maladies  
before they  
become a  
problem.

An ancient  
Taoist system  
for detoxifying  
and rejuvenating  
the internal

# Read PDF Chi Nei Tsang li

organs •

Presents

techniques to

clear blockages

in the body's

energy flow •

Includes

illustrated

exercises to

relieve common

ailments,

revitalize the

organs, and

enable readers

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to take charge  
of their own  
health and well-  
being • Focuses  
on the navel  
center, where  
negative  
emotions,  
stress, and  
illness  
accumulate The  
techniques of  
Chi Nei Tsang  
evolved in Asia

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during an era  
when few  
physicians were  
available and  
people had to  
know how to heal  
themselves. Many  
people today  
have symptoms  
that modern  
medicine is not  
able to cure  
because a  
physical source

# Read PDF Chi Nei Tsang li

for the problem  
is not easily  
found. The  
energies of  
negative  
emotions,  
stress, and  
tension--all  
common in modern  
life--and the  
weight of past  
illness  
accumulate in  
the abdominal



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center, causing energy blockages and congestion.

When this occurs, all vital functions stagnate and myriad problems arise. By practicing the techniques of Chi Nei Tsang, this stagnation is removed and

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the vital organs surrounding the navel center are detoxified and rejuvenated.

Master Chia teaches readers how to avoid absorbing negative energies from others and take full charge of their health

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through the self-  
healing  
techniques of  
Chi Nei Tsang.  
He offers fully  
illustrated  
exercises that  
show how to  
detoxify the  
internal organs  
and clear the  
energy (chi)  
channels  
throughout the

# Read PDF Chi Nei Tsang li

body. He also presents methods for balancing emotions, managing stress, and observing the body in order to recognize, ameliorate, and prevent maladies before they become a problem.

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Advanced Taoist  
techniques for  
detoxifying and  
rejuvenating the  
internal organs  
through the  
release of  
negative chi •  
Works with the  
navel center,  
where negative  
emotions,  
stress, and

# Read PDF Chi Nei Tsang li

illness  
accumulate •  
Presents  
advanced  
techniques to  
release negative  
energy from the  
body and  
reestablish a  
healthy flow of  
vital energy to  
internal tissues  
and organs From  
the Taoist point

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of view, good health depends upon the free flow of chi--healthy life-force energy--throughout the body.

Taoists refer to healthy chi as good wind. When energy is trapped in the body it

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stagnates and becomes negative, manifesting in the symptoms of physical or emotional illness. Taoists call this negative energy sick or evil wind. The advanced Chi Nei Tsang practices



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focus on  
mastering these  
winds. They  
include  
techniques for  
developing  
sensitivity to  
sick winds,  
releasing  
internal energy  
blockages, and  
chasing sick  
winds from the  
body to

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reestablish a healthy flow of energy. Negative energies caused by stress, tension, and the effects of past illnesses tend to accumulate in the naval center, so the advanced Chi Nei Tsang techniques use elbow

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pressure on  
specific reflex  
points around  
the navel to  
release energy  
blockages  
associated with  
each internal  
organ. They also  
work with wind  
access points  
found near the  
standard  
acupuncture

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points. These advanced practices build upon the organ detoxification and rejuvenation practices introduced in Chi Nei Tsang, allowing the practitioner to work intensively at an energetic level toward the

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restoration of  
optimum health  
and well-being.

Advanced Taoist  
techniques for  
detoxifying and  
rejuvenating the

*Page 85/94*

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internal organs  
through the  
release of  
negative chi •  
Works with the  
navel center,  
where negative  
emotions,  
stress, and  
illness  
accumulate •  
Presents  
advanced  
techniques to

# Read PDF Chi Nei Tsang li

release negative energy from the body and reestablish a healthy flow of vital energy to internal tissues and organs From the Taoist point of view, good health depends upon the free flow of chi--healthy

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life-force energy  
y--throughout  
the body.

Taoists refer to  
healthy chi as  
good wind. When  
energy is  
trapped in the  
body it  
stagnates and  
becomes  
negative,  
manifesting in  
the symptoms of



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physical or  
emotional  
illness. Taoists  
call this  
negative energy  
sick or evil  
wind. The  
advanced Chi Nei  
Tsang practices  
focus on  
mastering these  
winds. They  
include  
techniques for

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developing  
sensitivity to  
sick winds,  
releasing  
internal energy  
blockages, and  
chasing sick  
winds from the  
body to  
reestablish a  
healthy flow of  
energy. Negative  
energies caused  
by stress,

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tension, and the effects of past illnesses tend to accumulate in the naval center, so the advanced Chi Nei Tsang techniques use elbow pressure on specific reflex points around the navel to release energy

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blockages  
associated with  
each internal  
organ. They also  
work with wind  
access points  
found near the  
standard  
acupuncture  
points. These  
advanced  
practices build  
upon the organ  
detoxification

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and rejuvenation  
practices  
introduced in  
Chi Nei Tsang,  
allowing the  
practitioner to  
work intensively  
at an energetic  
level toward the  
restoration of  
optimum health  
and well-being.

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